



HUNGER ACTION MONTH

Awareness to Action

Throughout the month of September we want to draw awareness and inspire people to take action about food insecurity. It is all of our responsibilities to end hunger. Join us in taking action!

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SEPTEMBER 2022



4

Schedule a rep from our pantry to speak to your congregation!

[SCHEDULE TIME](#)

5

Check out our article about the effects hunger causes on our mental and physical health.

[READ ARTICLE](#)

6

Follow us on social media!
@aurorafoodpantry

[FOLLOW US!](#)

7

It is never too early to talk about hunger in the States. Talk to your children about ways your family can make a difference.

[CLICK TO WATCH](#)

1

Host a fundraiser with us in 4 easy steps!

[CLICK FOR MORE INFORMATION](#)

2

Join us on First Friday's at Wyckwood House!

3

Start setting aside non-perishable food items to donate at the end of the month.

11

Join us for the Community Fridge Brunch at Culture Stock - 11:00 AM.

[CLICK FOR MORE INFORMATION](#)

12

Volunteer Open House! Learn more about becoming a volunteer.

[CLICK FOR MORE INFORMATION](#)

13

Is your garden overflowing with produce? Consider donating extras to the pantry!

[CLICK TO WATCH](#)

14

Become a #HungerHero and volunteer with us!

[CLICK FOR MORE INFORMATION](#)

15

Watch our Docuseries, airing on Facebook about how hunger impacts kids.

[CLICK TO WATCH](#)

16

Get work involved! Set some time aside to team build by volunteering!

[CLICK FOR MORE INFORMATION](#)

17

Reduce food waste by cooking meals at home with supplies you currently have.

18

Check out our article about the effects hunger causes in children.

[READ ARTICLE](#)

19

Share our social media posts with your friends and followers!

[CLICK TO VIEW](#)

20

Every \$10 donated can be used to purchase \$80 worth of groceries.

[CLICK TO DONATE](#)

21

Watch our Docuseries, airing on Facebook about how hunger impacts seniors/veterans.

[CLICK TO WATCH](#)

22

Plan a garden next year. Check out our helpful article on getting started.

[READ ARTICLE](#)

23

Read a bedtime story! The Good Garden is a great book to read with your children/students.

24

25

Check out our article about the effects hunger causes in seniors and veterans.

[READ ARTICLE](#)

26

Call our lawmakers & inform them of why it is important to feed the need.

[VIEW SCRIPT](#)

27

Brown bag your lunch and donate what you would have spent going out to the Aurora Food Pantry.

28

Reduce food waste at home! Create a compost bin to help eliminate food waste and nourish the soil for future planting!

29

Watch a documentary! Check out our list of recommendations:

[CLICK TO VIEW](#)

30

30